

August 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 8:20 & 8:50 *Pick Up @ IL Lobby for Church Services in Elkhorn (Sign Up by Thurs.) 8:30 Nondenominational Church Service on Ch. 10 9:00 Church Service on Ch 2/21 2:30 Movie Matinee <i>"Thoroughly Modern Millie"</i> 6:30 Bingo-CR	2 9:20 Range of Motion Exer.-TR 1:00 Bridge/Pinochle/Pitch-DR 3:00 Celebration of New Residents & Root Beer Floats-DR 6:00-8:00 Wii Bowling-TR	3 9:00-11:30 Wellness Clinic-TR <small>(Physmed - Bp, pulse, O2 Sats, Cholesterol, BMP, WT, HT, Blood sugar.)</small> 10:00 Manicures-CR 10:45 Physmed Exer. Class-DR 1:30 *Kohl's/Baker's/Walmart 6:15 Movie & Popcorn! <i>"Raising Helen"</i>	4 9:20 Range of Motion Exer.-DR 10:30 Pinnacle Bank-DR 1:00 LCR w/Matt of Home Instead-DR 2:00 Dominoes-DR 2:00-5:00 Mary's Toe Nail Trimming w/appt.-CR 4:30 *Dinner Outing 6:00-8:00 Wii Bowling-TR	5 9:20 Range of Motion Exer.-DR 11:15-11:45 1 on 1 w/Galen-FD 1:30 *Tour of Elk Ridge's Assisted Living/Memory Care 4:00 Resident Happy Hour 6:30 Kings in the Corner-DR	6 9:20 Range of Motion Exer. -TR 11:00 Rosary-TR 1:00 Bridge/Pinochle/Pitch-DR 1:30 *Westroads 6:30 Apples to Apples-CR	7 9:30 Exercise-FR 1:00 Games/Cards-CR/DR 6:15 Jane Goodall's Wild Chimpanzees :Imax DVD-TR
8 8:20/:50 *Pick Up @ IL Lobby for Church Services in Elkhorn 8:30 Nondenominational Church Service on Ch. 10 9:00 Church Service on Ch 2/21 2:30 Movie Matinee <i>"Loves Unending Legacy"</i> 6:30 Bingo-CR	9 9:20 Range of Motion Exer.-TR 10:30 Sew Unlimited by Carol (Alterations/Mending)-CR 1:00 Sing-a-Long-DR 2:00 Bridge/Pinochle/Pitch-DR 6:00-8:00 Wii Bowling-TR	10 9:20 Range of Motion Exer.-TR 10:45 Physmed Exer. Class-TR 1:30 *Gordman's, Target, No Frills, Baker's or Walmart 6:00 *ALZ Support Group-AL 6:15 Movie & Popcorn! <i>"The Secrets of Jonathan Sperry"</i>	11 9:20 Range of Motion Exer.-TR 11:00 Rosary-TR 1:00 Dominoes-DR 1:00 Wii Bowling-TR 6:30-8:00 Family & Community Night What Every Adult Child Should Know About Dementia & the Aging Process	12 10:30 Toning w/Stacy-TR 11:15 *Library Trip 1:00 Wii Fit Plus w/CHH-TR 4:00 Resident Happy Hour 6:30 Kings in the Corner-DR	13 9:20 Range of Motion Exer. -TR 1:00 Consumer's Fraud & Identity Theft w/1st Nat'l Bank 2:00 Bridge/Pinochle/Pitch-DR 2:15 *Target or Walmart 6:30 Apples to Apples-CR	14 9:30 Exercise-FR "Family Fun Day" 11:30-3:00 (Western Theme) Country Kickers Win Landers Games for the Children
15 8:20/:50 *Pick Up @ IL Lobby for Church Services in Elkhorn 8:30 Nondenominational Church Service on Ch. 10 9:00 Church Service on Ch 2/21 2:30 Movie Matinee! <i>"Rebecca"</i> 6:30 Bingo-CR	16 9:20 Range of Motion Exer.-TR 1:00 "Safety & Supervision Tips for Seniors" w/Right at Home-TR 2:00 Bridge/Pinochle/Pitch-DR 6:00-8:00 Wii Bowling-TR	17 8:30 Podiatrist-CR 9:20 Range of Motion Exer.-TR 10:45 Physmed Exer. Class-TR 1:00 Card Games-DR 6:15 Movie & Popcorn! <i>"Tender Mercies"</i>	18 9:20 Range of Motion Exer.-TR 10:30 Pinnacle Bank-DR 11:00 Rosary-TR 1:00 Dominoes-DR 6:00-8:00 Wii Bowling-TR	19 10:30 Tai Chi w/CHH-TR 1:30 Bible Study-CR 4:00 Resident Happy Hour w/Comfort Keepers-DR 6:30 Kings in the Corner-DR	20 9:20 Range of Motion Exer.-TR 1:00 Bridge/Pinochle/Pitch-DR 6:30 Apples to Apples-CR	21 9:30 Exercise-FR 1:00 Games/Cards-CR/DR 6:15 Celine Dion: Live in Las Vegas: A New Day DVD-TR
22 8:20/:50 *Pick Up @ IL Lobby for Church Services in Elkhorn 8:30 Nondenominational Church Service on Ch. 10 9:00 Church Service on Ch 2/21 2:30 Movie Matinee! <i>"The King & I"</i> 6:30 Bingo-CR	23 9:20 Range of Motion Exer.-TR 10:30 Sew Unlimited/Carol-CR 1:00 "The Big Three: Cataracts, Glaucoma & Macular Degeneration-TR <small>Dr. Walters of Brumm Eye & Laser Vision</small> 3:00 Ice Cream Social-DR 6:00-8:00 Wii Bowling-TR	24 9:20 Range of Motion Exer.-TR 10:00 Manicures-CR 10:45 Physmed Exer. Class-TR 1:30 *Walmart, Bag N'Save or Target 6:15 Movie & Popcorn! <i>"It's Complicated"</i>	25 9:20 Range of Motion Exer.-TR 11:00 Rosary-TR 1:00 Dominoes-DR 2:30 *Casino & Dinner 6:00-8:00 Wii Bowling-TR	26 10:30 Toning w/Stacy-TR 1:00 Birthday & Anniversary Celebration w/The Links 4:00 Resident Happy Hour 6:30 Kings in the Corner-DR	27 9:20 Range of Motion Exer.-TR 1:00 Bridge/Pinochle/Pitch-DR 6:30 Apples to Apples-CR	28 9:30 Exercise-FR 1:00 Games/Cards-CR/DR 6:00 Ch. 12 Lawrence Welk
29 8:20/:50 *Pick Up @ IL Lobby for Church Services in Elkhorn 8:30 Nondenominational Church Service on Ch. 10 9:00 Church Service on Ch 2/21 2:30 Movie Matinee! <i>"The Noose Hangs High"</i> 6:30 Bingo-CR	30 9:20 Range of Motion Exer.-TR 10:00 Threefold Cord Music-TR 1:00 Bridge/Pinochle/Pitch-DR 6:00-8:00 Wii Bowling-TR	31 9:20 Range of Motion Exer.-TR 10:45 Physmed Exer. Class-TR 12:40 Resident Meeting-DR 2:00 *Kohl's, Kmart, Baker's or Walmart 6:15 Movie & Popcorn! <i>"New in Town"</i>	Club House Activity Calendar			AL-Assisted Lvg CR-Craft Rm DR-Dining Rm FD-Front Desk FR-Fitness Rm TR-Theater Rm

