

Elk Ridge Village Assisted Living



Visit us on the web!  
[ElkRidgeSeniorLiving.com](http://ElkRidgeSeniorLiving.com)

Phone: 402-763-8692  
 Fax: 402-763-8697

Elk Ridge Village Goals are to provide:

- An environment of care and respect which enhances the lives of all who live & work here.
- High quality services to each of our residents, based on their own unique needs & wishes.
- Services & activities which facilitate the daily comfort, contentment, & joy of each resident.
- A sense of welcome, comfort, & peace of mind for the families & loved ones of our residents.
- Activities & events which encourage physical, emotional, intellectual, & spiritual wellness.

**Elk Ridge Village Assisted Living**

19400 Elk Ridge Drive  
 Elkhorn, NE 68022  
 North of 192 & Dodge 3/4 Mile

August 2010

Birthdays

- Doris Riaski 8-1
- Betty Shelton 8-18
- Chuck Blanchard 8-19
- Dale Grubel 8-21
- Carl Baulisch 8-26

Employees Birthdays

- Laylo Baratova 8-12
- Julie McKenzie 8-20
- Karen Stearnes 8-31

Work Anniversaries

- Claudia Gille 2 yrs
- Erica McGillick 2 yrs
- Katie McGillick 2 yrs
- Sheila Fogarty 2 yrs
- Sharon McGee 1yr

*“My school was so tough, the school newspaper had an obituary section.”*

*~ James Cagney*

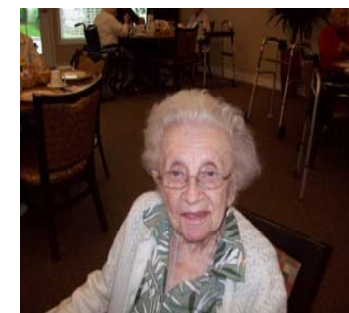


**Resident Spotlight—Harriet Holtz**

Harriet was born October 30th, 1917 in Chicago, IL to Stephen and Louise Stiens. She was youngest of two. Her older sister's name was June. When Harriet was 13 years old her dear mother passed away and she and her sister went to St. Louis Missouri to live with her Aunt Betty. Her Uncle Eugene found her a job right away doing house work at a mansion in downtown St. Louis. This family had a huge house with 23 rooms and she was in charge of the second floor. The Singleton family owned the MKT Railroad. There were times when she would travel with the family around the Country in

order to help take care of their 13 children. When Harriet was in her early 20's she decided to go back to her home town in Chicago IL, it was on that quick trip where Harriet met the love of her life Mr. Harold Holtz. It was definitely love at first sight, the young couple dated for 5 years before deciding to get married in the spring time in 1941. The young couple lived with Harold's parents for a short while. To this beautiful union two children were born. Louise in 1942, and Jenny in 1944. When Louise was born Harriet and Harold got their own apartment.. Harriet's daughter Jenny

has been a volunteer with Rosary Prayers every Wednesday here at Elk Ridge Assisted Living. Harriet learned how to sew at a young age, she also enjoys crocheting, knitting and making latch hook rugs. Harriet would be happy to have any of the other residents come up to her apartment and look at all her handy work. What a talented lady she is!



**Having Fun at Elk Ridge Village**



Just a reminder that Elk Ridge Village Assisted Living hosts a monthly Alzheimer's Support Group. All friends and family are encouraged to attend. Our next meeting will be Tuesday, August 10th in the Activities Room at 6:00 p.m. Please feel free to join us at the next meeting!



### Little Known Facts about School..

92.7 % of all public schools in the United States start school in August. In 1949, 87% of all public schools began in the first week of September after Labor Day.

There are now more than 3 million children in the United States that are home schooled by a parent or relative.

81.6% of High School graduates go on to College, University or a technical school. As compared to 1959 when less than 15% of High

School went on to higher education. Boy have things changed!

Kindergarten was made mandatory in the state of Nebraska in 1946.

Before that year, not all public schools offered kindergarten to their four and five year olds.

The average cost of a school lunch in the Elkhorn High School is \$3.25 a day that would be a \$652 dollars a school year for one child.

Some elementary children take a

sack lunches to school, the number one favorite of kids is still peanut butter and jelly, followed closely by American cheese on white bread.

The average pay for first year teachers in Nebraska is \$26,300. Compared to the national average which is \$34,850. Several of our residents here were teachers at one point in their life, Doris H. often says, "it was the most rewarding and special time of her life being able to teach."

### My favorite school memory...

"I thought it was always fun to be in high school, I enjoyed playing football the most. Many wonderful memories of Friday nights under the lights." ~ Jim S.

"St. Peter and Paul Catholic grade school in St. Joe was my home away from home. It was wonderful to only have eight kids in my class from first grade to eight grade. We were just like family and really got to know each other well." ~ Mary H.

"I remember going to country school outside of Louisville,

Nebraska. My mom would pack my lunch pail with a sandwich and a piece of fruit everyday." ~ Doris H.

"When I started school I did not know English. My parents and grandparents only spoke to me in French at home. Boy was it a hard first year at school learning a language and learning how to keep my hands to myself." ~ Lillian D.

"Some of my favorite memories was when I was able to go to college, I made so many good friends

and I loved all of my Journalism classes." ~ Zita T.

"I loved when September would roll around and I got all of my eight children to go to school. It gave my wife Margaret and I some time to ourselves." ~ Bill Z.

"I got a Catholic Education from Grade School to High School in Missouri. It was important for my husband Bob and I to send our boys to Catholic School here in Omaha." ~ Mary H.

### Gardening Corner by Chuck B....

Greetings to August, the hot days of summer, maybe it will rain like it did in July. I read that one stock of corn needs 2-4 gallons of water per week. An acre of corn gulps up 350,000 gallons during the growing season. The history of vegetables and fruit goes back around 35,000 years ago. The fruits and vegetables grew wild and were gathered for different uses other than food. About 11,000 years ago people began to plant fruits and vegetables to farm and eat.

The plants were also used for medications, especially the herbs. Potatoes originated in South America and were taken to England and Europe by explorer Francis Drake in the 1500's. At first people didn't eat the potatoes, they only grew the plant because they thought they looked pretty. It is a toss up between potatoes and tomatoes for first place in consumption. Lettuce is in third place. Did you know that carrots until about the 1600's were purple?

I will now end with a farm joke for everyone. Ad: Wanted, man to take care of cow that does not drink or smoke. (Smart cow). Well have a nice day in the shade with a nice breeze, a pretty garden, birds chirping and hopefully the lawn mower won't start. P.S one inch of rain water on one square acre equals 27,152 gallons. There are 231 cubic inches in one gallon, which means you would need 1515 cubic inches of rain for every acre of corn per season.



### Employee Spotlight –Melissa Moreno– Med Aide

Melissa has been a Medication Aide at Elk Ridge Village for 6 months. She was born and raised in Omaha. She really enjoys her job as a Medication Aid and is such a caring employee. Melissa worked at a Daycare center in Omaha for a couple of years. She has found that she would much rather take care of 88 year olds than 8 year olds. We are lucky that Melissa decided to change fields and work with the elderly. When Melissa is not at Elk Ridge she is at home taking care of her

own 3 children. Her oldest is 4 years old and his name is Adonese, a two year old boy named KhyRee and her youngest is a 8 month old little girl named Damariona. The children's names are just as unusual as they are pretty. Melissa thoroughly enjoys being a young mother even though some nights she would give her eye teeth for a good nights sleep. She is so hoping that the baby will start sleeping through the night soon. Once her children all hit grade school,

Melissa has plans to go to Metro Community College in Elkhorn to get her degree in nursing. What a fine nurse she will make! Melissa has always been so caring and patient with all the residents that live here. Melissa and the children are looking forward to a weekend trip to Worlds of Fun in Kansas City. She is so lucky that all her children love amusement parks. Melissa herself tends to get a little dizzy on the merry-go-round. They are looking forward to getting a good laugh!



Melissa & Margaret



### Lifestyle Activities Program Update

A happy hello from Stacy! I don't know about all of you, but I am tired of summer. It has been too darn hot. I do like all of the fresh summer vegetables from the garden but I could do without the heat. Remember to always drink plenty of water in the summer to keep hydrated. This month the residents and I are looking forward to going to the Casino in Council Bluffs.

It is a good thing they have wonderful air-conditioning in the building because sometimes you can get a little hot under the collar if you lose. The residents and I are also excited for the music shows that are coming this month. Robyn Lensch will be here on Friday, August 6th at 2pm. She really has the voice of an angel. Robyn plays the piano beau-

tifully. She knows over three hundred songs and has never been able to read music. She plays by ear. Wally James will also be here this month. He is one of our favorite entertainers. On Saturday August 14th, Elk Ridge will be hosting a Family and Residents Picnic. There will be food, face painting, and entertainment.. I hope to see all the residents and their families on the 14th. It will be fun.

### Residents' Favorite Meal

The residents just love all the sweet corn and cucumbers from Stella's & Stacy's gardens.

### Residents' Favorite Activity Past Month

The residents enjoyed the Papillion's Old Timer's Band and the nice program from

Dick Sladky

